

PROGRAM KIDS CONFERENCE 23th -25<sup>th</sup> sep 2011  
Hotel Rafael Diagonal Port, Lope de vega 4, BARCELONA

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**Friday 23th of Sep**

**Registration 13.30 – 15.30PM**

**15:30 – 16:00PM**

**Opening, Lone Sorensen**

**16:00 – 16.30PM**

**ROOM A**

**Robert Przybys, Poland, Temprana Reflex Therapy in neurological disorders and syndromes and learning problems- cases**

**ROOM B**

**Gamze Şenbursa, Turkey, Result of research in university of Hacettepe University, treating children with brain injury**

**16.40 – 17.10PM**

**ROOM A**

**Graham Sluter, England, MS in adolescence and adults.**

**ROOM B**

**Jolanta Górska, Poland, Neurotherapy cases with Temprana Reflex Therapy.**

**17. 20- 17.5PM0**

**ROOM A**

**Gamze Şenbursa, Turkey, Result of research in university of Hacettepe University, treating children with brain injury**

**ROOM B**

**Robert Przybys, Poland, Temprana Reflex Therapy in neurological disorders and syndromes and learning problems- cases**

**18.00-18.30PM**

**ROOM A**

**Jolanta Górska, Poland, Neurotherapy cases with Temprana Reflex Therapy.**

**ROOM B**

**Graham Sluter, England, MS in adolescence and adults.**

## **Saturday 24<sup>th</sup> of Sep**

**10.00 -11.00AM**

**ROOM A**

**Dr. William Shaw, USA, Multifactorial causes that trigger attention deficit, Behaviour problems, Autistic-spectrum and Developmental Disorders**

**ROOM B**

**Elżbieta Żuk-Widmańska, Poland, How to eat to stay healthy and happy? Guidelines for children and adult**

**11.10-12.10PM**

**ROOM A**

**Elżbieta Żuk-Widmańska, Poland, How to eat to stay healthy and happy? Guidelines for children and adults**

**ROOM B**

**Dr. William Shaw, USA, Multifactorial causes that trigger attention deficit, Behaviour problems, Autistic-spectrum and Developmental Disorders**

**Break 12.10-12.40**

**12.40-13.40PM**

**ROOM A**

**Anna Krauze, Poland, Reflexology for Premature Babies and Assistance in Breastfeeding**

**ROOM B**

**Irène Elmström, Sweden, The benefits of touch as a way to communicate with children**

**Lunch break 13.40- 15.00PM**

**15.00-16.00PM**

**ROOM A**

**Lone Sorensen, Denmark, Temprana Reflex therapy; a Brain-Based rehabilitation concept**

**ROOM B**

**Mr. Hisashi Machida, Japan, Face acupuncture and Vitamin massage for Infertility & hormonal problems**

**16.10-17.10PM**

**ROOM A**

**Mr. Hisashi Machida, Japan, Face acupuncture and Vitamin massage for Infertility & hormonal problems**

**ROOM B**

**Lone Sorensen, Denmark, Temprana Reflex therapy; a Brain-Based rehabilitation concept**

**17.10 -18.00PM**

**ROOM A**

**Piotr Hawryluk, Poland, Therapy Camp and Dolphin therapy**

**ROOM B**

**Reflexology for Premature Babies and Assistance in Breastfeeding**

## **Sunday 25th of Sep**

**9.50 -10. 50AM**

**ROOM A**

**Penny Rush, England Facial reflexology at The Charter School, East Dulwich, London**

**ROOM B**

**Sue Ricks, Gentle Touch Reflexology is especially beneficial for babies and children.**

**11.00AM- 12.00PM**

**ROOM A**

**Sue Ricks, England Gentle Touch Reflexology is especially beneficial for babies and children.**

**ROOM B**

**Penny Rush, England, Facial reflexology at the Charter School, East Dulwich, London**

**Break 12.00-12-30PM**

**12.30- 13.30PM**

**ROOM A**

**Keiko Igarashi, Japan Aromatherapy and Face Reflexology with enzyme for child skin problems.**

**ROOM B**

**Piotr Hawryluk, Poland, Therapy Camp and Dolphin therapy**

**Lunch break 13.30-15.00PM**

**15.00- 16.00PM**

**ROOM A**

**Irène Elmström, Sweden, The benefits of touch as a way to communicate with children**

**ROOM B**

**Keiko Igarashi, Japan Aromatherapy and Face Reflexology with enzyme for child skin problems.**

**16.00- 17.00PM closing ceremony.**

**Light lunch and coffee included in the breaks**

**Organization y administration**

**Global Facial Network & International Institute of Facial Reflex Therapy & Temprana Reflex Therapy by Lone Sorensen**

**Administration office: Lope de Vega 6, 08005 Barcelona, Spain**

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**[www.temprana.org](http://www.temprana.org)**

**[www.reflexologiafacial.es](http://www.reflexologiafacial.es)**

**[www.lonesorensen.com](http://www.lonesorensen.com)**

# Lone Sorensen, Denmark

## PROFILE



Creator of Facial Reflexology and Temprana Reflex therapy sorensensistem TM current director of the Institute of Reflexology / Facial Internacional. President of the Global Network of Reflexology Association.

### **About Lone Sorensen and the Institute of Reflexology / Facial Internacional**

Therapist educated in Denmark, France, Chile, Germany and Cuba, Lone Sorensen is the creator of Facial Reflexology, as well as the founder of the Institute of Reflexology / Facial Internacional, which is an institution with more than 30 years' service in education and application of reflexology, laser therapy, anatomy. It is also president of the Global Partnership Network reflexology and has important distinctions for their research, as the three titles of nobility conferred by the WHO (World Health Organization) in 2000.

At present, the Institute of Reflexology / Facial Therapies International have advanced in the world in reflexology, thanks to the intensive studies of its founder.

**The Institute currently working in following countries; Denmark, Sweden, Finland, Japan, England, Holland, Poland, Czech Republic, Greece, Argentina, Australia, Mexico, Chile, Australia, USA, Canada, Abu Dhabi/ Dubai and Spain.**

## PRESENTATION TITLE

### TIME & DATE:

**SATURDAY 24<sup>th</sup> OF SEP**

### ROOM A

15.00-16.00PM

### ROOM B

16.10-17.10PM

## **Temprana Reflex therapy; a Brain-Based rehabilitation concept**

Temprana Reflex Therapy is brain-based concept based in the latest in specific analyzing and Reflex therapy treatments.

Temprana Reflex Therapy can increase the brain's ability to heal itself by specifically analyzing and reversing neurological impairment. Treatments are non-invasive, safe and do not rely on the use of medication to create changes in neuron activity. Temprana Reflex therapy offer what neurons require:

**Stimulation and proper oxygen levels**

### **TEMPRANA REFLEX THERAPY AN INNOVATIVE CONCEPT OF REFLEX THERAPY EFFECTIVE FOR CHILDREN WITH PROBLEMS**

Among other benefits, improves cortex problems, individual intellectual insight, calm hyperactivity stimulates learning ability, improved dyslexia, reduce tensions and unrest, and ultimately, improves mental and emotional function.

## CONTACT DETAILS

International Institute of Facial reflexology by Lone Sorensen SL  
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## Anna Krauze, Poland

### PROFILE



Anna Krauze is graduated from Midwifery Division of Medical University of Warsaw. In 2010 she completed her post-graduate studies of Children's Developmental Rehabilitation at the Faculty of Psychology at Warsaw University.

She has worked with Reflex therapy sorenssystem tm since 2009, and she completed following courses: Infertility & Hormones, Mother & Baby course and Temparna Reflex Therapy.

She has been a full-time employee of Maternity Hospital, Neonatology Division. She applies reflex therapy to premature babies and their mothers and organizes and teaches Infertility and Mother & Baby courses in Poland. Anna Krauze is specialized in breastfeeding problems with Temparna Reflex therapy.

Anna Krauze is instructor in Maternity Reflex therapy sorenssystem tm in Poland

### PRESENTATION TITLE

### **Reflexology for Premature Babies and Assistance in Breastfeeding**

#### TIME & DATE:

**SATURDAY 24<sup>TH</sup> OF SEP**

#### ROOM A

12.40-13.40PM

#### ROOM B

17.10 -18.00PM

Reflex therapy is a non-invasive method making it possible for assisting child's development from the first days of his or her life. Applying reflexology to premature babies provides excellent results, restores baby's body balance and relaxes the baby.

Mothers who had reflex therapy treatments were relaxed and noticed an improvement in their well-being.

WORKSHOP: Cases of premature babies and their mothers, who had reflex therapy treatments.

### CONTACT DETAILS

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# Dr. William Shaw, USA

## PROFILE



Dr. William Shaw received a Ph.D. in biochemistry and human physiology from the Medical University of South Carolina. He is board certified in the fields of clinical chemistry and toxicology by the American Board of Clinical Chemistry. He has supervised large endocrinology, nutritional biochemistry, toxicology and immunology departments in positions at the Center for Disease Control (CDC) and Smith Kline Laboratories in Atlanta, GA.

He was Director of Clinical Chemistry, Endocrinology and Toxicology at Children's Mercy Hospital, the teaching hospital of the University of Missouri at Kansas City School of Medicine.

Dr. Shaw is now the Director of The Great Plains Laboratory for Health, Nutrition and Metabolism in Lenexa, Kansas specializing in testing for autism spectrum disorders, AD(H)D, metabolic disorders in adults and children, PDD, hyperactivity, inborn errors of metabolism and adult disorders such as depression, fibromyalgia and chronic fatigue.

He has been invited to participate as a keynote speaker in conferences all over the world.

## PRESENTATION TITLE

**Multifactorial causes that trigger attention deficit, Behaviour problems, Autistic-spectrum and Developmental Disorders.**

### TIME & DATE:

**SATURDAY 24<sup>th</sup> OF SEP**

### ROOM A

10.00 -11.00AM

### ROOM B

11.10- 12.10PM

A huge amount of research in the treatments of attention deficit, behaviour problems, Autistic-spectrum and Developmental Disorders, has been published in the last 20 years that documents successful treatment for autism overall or for specific abnormalities common in autism and has connected these treatments to specific biochemical abnormalities common within them. Biochemical abnormalities prevalent in these disorders include calcium deficiency, deficiency of oxytocin, deficiency of vitamin D, and deficiency of cholesterol, heavy metal excess, increased food allergies especially to wheat and milk, increased exposure to toxic chemicals, and others. Specific symptoms will be correlated with each biochemical abnormality.

**Environmental neurotoxins and their effect on behavior and learning, especially in vulnerable ages, such as in infants and adolescents.**

**A high percentage of all children are now exposed to a soup of toxic chemicals. Toxic chemical exposure has been implicated as a major factor in impaired learning ability, attention deficit, hyperactivity, pervasive developmental disorder, and autism. Documentation of common chemicals in the environment that cause developmental delays and their sources will be presented along with methods to prevent exposure and to remove them when exposure has already occurred.**

## CONTACT DETAILS

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www.greatplainslaboratory.com

# Elżbieta Żuk-Widmańska, Poland

## PROFILE



**Elżbieta Żuk-Widmańska**, ayurvedic therapist and life style consultant, representative of the Institute of Jiva Ayurveda Faridabad India in Poland. Her ayurvedic knowledge she had learned from the well known ayurvedic doctor and teacher Dr Partap Chauhan, medical director of Jiva Ayurveda. She is working as an ayurvedic therapist and ayurvedic life style consultant in Poland.

Elżbieta Żuk-Widmańska also organizing ayurvedic therapy and cooking workshops in many cities in Poland. Cooperating with Progression Festival for Women, Joga w Parku, Wakacje z Joga and LNE& Spa Magazine. Every year she organize workshop of spiritual living with Ayurveda concept with great personalities from India.

## Presentation Title

### TIME & DATE:

**Saturday 24<sup>th</sup> OF SEP**

### ROOM B

10.00 -11.00AM

### Room A

11.10- 12.10PM

## How to eat to stay healthy and happy? Guidelines for children and adults.

Ayurveda is the world's oldest known medical science in which people are seen as integral part of a natural world. Obtaining and maintaining balance within the body and mind and, with the external environment, is one of the goals of this knowledge. Living in harmony with nature and according to natural principles ensures complete physical health and peace of mind.

The lecture will explain basic ayurvedic concepts and lifestyle principle for children and parents.

The diet plays a very important role in every human life. Food eaten according to the dietary guidelines provides energy and good health.

How to eat to stay healthy and happy? Guidelines for children and adults

## CONTACT DETAILS

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# Gamze Şenbursa, Turkey

## PROFILE



Exp. Fzt. Gamze Şenbursa is graduated from Physical Medicine and Rehabilitation in Hacettepe University in 2002. In the same year, she started to work at IMECE Medical Center. Between the years of 2003 - 2006 she got the degree of Master of Science, from the Institute of Health Sciences. From 2006 till now she continues her Doctorate Degree at Hacettepe University. In 2010, she successfully completed her training of Temprana Therapy in Barcelona, issued by Lone Sorensen. Her specialized area is in Sports Injuries and Trauma and Temprana Reflex Therapy sorensensistem tm for children and adults with brain injury. Nowadays she still continues to treat her patients in Ankara. Gamze Şenbursa is instructor in Facial Reflex Therapy sorensensistem tm in Turkey.

## PRESENTATION TITLE TIME & DATE:

**FRIDAY 23th OF SEP**

### ROOM A

16.00 – 16.30 PM

### ROOM B

17.20- 17.50PM

## Result of research in university of Hacettepe University, treating children with brain injury

Gamze Şenbursa present studies of patient diagnosed with brain injury and with neurological deficit were randomly treated in 4 different treatment groups.

## CONTACT DETAILS

### ANIMA RAPHA MANUAL THERAPY& REFLEXOLOGY CENTER

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Telefon number: +90 (312) 473 99 33

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gamzesenbursa@yahoo.com



# Jolanta Górska, Poland

## PROFILE



Jolanta Górska was a nurse for 23 years. In 2001 she began training in classical massage, sports massage and lymphatic massage.

Since 2003 she complete training such as cranium-sacral therapy, traditional foot reflexology and facial reflexology. She studied and trained in neuro-reflexology falling within a scope of sorensensistem tm methods. In September 2010 she completed training in Temprana Reflex therapy method.

She opened her own cabinet in 2004 and has experience with patients of various diseases. Jolata Górskas biggest interest is therapies for neurological/brain damage, cancer therapy and hormonal therapy.

Since 2009 she is leading the International Institute of Neurotherapy. Jolata Górska is main instructor of facial reflexology sorensensistem tm in Czech Republic and neuro-foot reflexology sorensensistem tm in Poland, Czech Republic and Slovakia.

## PRESENTATION TITLE

### TIME & DATE:

### FRIDAY 23th OF SEP

#### ROOM B

16.40 – 17.10PM

#### ROOM A

18.00-18.30PM

## Neurotherapy cases with Temprana Reflex Therapy.

I will present three medical cases of patients from my cabinet.

Women, 29 years old - hyperphysical adenoma, hypothyreosis, endometriosis. She will give birth in 2011.

Girl, 2 years old - myelomeningocele, spinal dorsal (spina bifida), hydrocephalus (Valve).

Girl, 5 years old - syndrom Smitha - Lemlego – Opitza.

## CONTACT DETAILS

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[www.miro-cz.eu](http://www.miro-cz.eu)

## Keiko Igarashi, Japan

### PROFILE



Keiko Igarashi has studying Facial Reflexology from Lone Sorensen in Japan.

She is a Temprana Reflex therapist too, member of AoR Association of Reflexologists, England, and also a member of IFPA International Federation of Professional Aromatherapists.

She is an Facial reflexology instructor of sorensensistem tm at IMSI International Medical-Spa Institute, Japan.

### PRESENTATION TITLE

**Aromatherapy and Face Reflexology with enzyme for child skin problems.**

### TIME & DATE:

**SUNDAY 25<sup>th</sup> OF SEP**

### ROOM B

12.30- 13.30PM

### ROOM A

15.00- 16.00PM

There are so many children who suffer from skin problems. For this kind of problems approaching with Face Reflexology, and aromatherapy. Also with homemade wild grass enzyme, this works effectively to increase immune system.

### CONTACT DETAILS

IMSI International Medical-Spa Institute, Tokyo Japan

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## Piotr Hawryluk; Poland

### PROFILE



Piotr Hawryluk is a rehabilitation therapist specializing with infants, children, adolescent and adults with special needs. He founded the rehabilitation center, UniqueCenter in Warsaw, Poland.

Piotr specializes in Primitive Reflexes Integration. He is recognized by his clients, for creating individualized program by combining Primitive Reflex Integration with other therapeutic modalities, to address clients' specific needs and desire goals.

His work is influenced and inspired by many people, such as the late John Thie, Sally Goddard, Harold Bloomberg, Vaclav Vojta, Berta and Karel Bobath, Castilio Morales, Fred Donaldson & Lone Sorensen, sorensensistem tm.

With his interest in developmental challenges in children & youth, he started professional training from 2003 in various therapeutic directions and obtained his postgraduate studies in Development of Children and Youth with Special Needs in the Rehabilitation Department of Physical Education Academy in Warsaw in 2005. Piotr also obtained his Master Degree in Engineering from Warsaw University of Technology in 2003.

### PRESENTATION TITLE

#### TIME & DATE:

**SATURDAY 24<sup>th</sup> OF SEP**

#### ROOM A

17.10 -18.00PM

**SUNDAY 25<sup>th</sup> OF SEP**

#### ROOM A

12.30- 13.30PM

### Therapy Camp and Dolphin therapy

Piotr Hawryluk Brings more than 7 years of professional experiences working with special needs children internationally, organizing Intensive Rehabilitation Camps, Parents courses, training and mentoring therapists and Dolphin therapy.

### CONTACT DETAILS

#### Piotr Hawryluk

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# Susan Jane Ricks, England

## PROFILE



Sue Ricks began her journey and training into Reflexology in 1990 in the UK. She has developed Gentle Touch™ Reflexology during her research and teaching about the effectiveness of Reflexology for both adults and children. Sue has studied with teachers from around the world. Sue started her training school in 1994 and has since taught both in the UK and internationally.

Sue has written two books, the most recent being The Gentle Touch of Reflexology for Babies and Children. She has been working directly with the Cincinnati Children's Hospital to introduce reflexology techniques into the care and support of their young patients.

Sue is an Honorary Member of The Association of Reflexologists UK, Sue runs the Sue Ricks School of Complementary Therapies based in the UK, teaching Gentle Touch Reflexology, Advanced Reflexology and further Energy and Associated Therapies.

## PRESENTATION TITLE

**SUNDAY 25<sup>TH</sup> OF SEP**

### ROOM B

9.50 -10.50AM

### ROOM A

11.00- 12.00PM

## TIME & DATE:

## CONTACT DETAILS

### **Gentle Touch Reflexology is especially beneficial for babies and children.**

The techniques are applied with an exceptionally light touch and combine physical, emotional and energetic connections. Exceptional results can be achieved when using the gentle touch of reflexology when working with an infant or child's hands or feet.

The techniques are as appropriate for premature babies as they are for healthy and energetic teenagers as each treatment works to support them uniquely. The subtle stimulation of the specific reflex points in either hands or feet can make a real difference to the child's health, wellbeing and emotional balance.

### **Address:**

Sue Ricks School of Complementary Therapies  
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**Website:** [www.suericks.com](http://www.suericks.com) Sue Ricks School of Complementary Therapies

## Robert Przybys, Poland

### PROFILE



Robert Przybys began his education in natural medicine in 1998. From 2001 until 2007 he completed professional courses in different kinds of massage: classical, Thai and Hawaiian. In 2007 he studied face, neuro-foot and hand reflexology Sorensensistem™. In 2009 Robert Przybys completed Temprana Reflex Therapy course in Denmark. He is an instructor of Sorensensistem™ in Poland (Temprana Reflex Therapy, hand reflexology) and Greece (face reflexology). In 2010 he established Międzynarodowe Centrum Refleksoterapii (International Reflexotherapy Centre) in Warsaw.

### PRESENTATION TITLE

#### TIME & DATE:

**FRIDAY 23th OF SEP**

#### ROOM A

16:00 – 16. 30PM

#### ROOM B

17.20- 17.50PM

**1-Temprana Reflex Therapy in neurological disorders and syndromes – cases**  
**2-Temprana Reflex Therapy in learning problems – cases**

Temprana Reflex Therapy – Lone Sorensen's concept - is called also early therapy. The main objective is significant improvement of the motor and sensory functions deteriorated by brain damage or dysfunction. Temprana therapist knows techniques which can stimulate hearing, speech, visual functions and learning abilities. Temprana helps also to achieve improvement in genetic syndromes. The therapy would not change the gene structure but could remove blockages which do not let the person use all her or his resources. Since the beginning of his education in Sorensensistem™ Robert Przybys treated people suffering from neurological disorders. During two presentations he will describe cases including a therapy of the children with ischemic stroke, spasticity as a result of delivery problem, Louis-Bar syndrome and dyslexia.

### CONTACT DETAILS

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# Hisashi Machida, Japan

## PROFILE



Mr. Hisashi Machida opened his clinic in Tokyo in 1975. He is a Aroma therapy specialist and acupuncturist

Mr. Hisashi Machida has developed **The vitamin massage** and he has done **vitamin massage** for 35 years. The vitamin massage is a method by using Vitamin E as the principal ingredient in the massage oil. Vitamin E especially enhancing hormone metabolism and the anti-oxidative effect.

Mr. Hisashi Machida teaches a special method of face acupuncture and expanded in the field of beauty acupuncture and moxi bustion. The face acupuncture has been originally developed by Fujian University of Traditional Chinese Medicine and related seminars have been performed in Korea and in Taiwan continually.

He also keens to perform the commercial development, popularization, education of the supplements based on the knowledge of molecular nutrition.

Mr. Hisashi Machida is a teacher in the Fujian University of Traditional Chinese Medicine during the last 25 years, and he organized and sponsored academic exchanging conferences in Japan as well as in China. He has been giving his intensive lectures every year as the professor emeritus. He also has been invited as a guest professor in Heilongjiang Province University of Traditional Chinese Medicine.

Mr. Hisashi Machida has been appointed as the committee member of Aromatic Healthcare Professional Committee, National high-tech Health Industry Working Committee of China in 2009, and has been appointed as the director of the Japan Working Teaching Center 2010.

He is also invited as a guest professor in the graduate school of alternative medicine, Kyonggi University, Korea. In Taiwan, he works as a member of the executive committee of Traditional Chinese Medicine Integrative Medical Center for establishment of the Academic Association of Traditional Chinese Medicine Integrative Medicine.

In Japan, he continually organized and sponsored the seminars in the School of Medicine, Osaka University, Miyazaki Prefecture Nurse University, Kameda General Hospital, Nagano Iiyama City Red Cross Hospital, Amami Sedonai Hospital. He organized and sponsored for seminars and conferences as the chairman of Japan-Educational Association of Integrated Therapists (J-EAT), and the chairman of Pan-Pacific Aroma Alternative Therapy Association.

Mr. Hisashi Machida is President of Omotesanndou Cera Therapy Clinic. Professor Emeritus of Fujian University of Traditional Chinese Medicine. Chairman of Japan-Educational Association of Integrated Therapists (J-EAT)

Expert Representative of Aromatic Healthcare Professional Committee  
National High-Tech Health Industry Working Committee of China  
Member of the Executive Committee of Traditiona Chines  
Medicine Integrative  
Medical Center, Taiwan

<p><b>PRESENTATION TITLE</b></p> <p><b>TIME &amp; DATE:</b> <b><u>SATURDAY 24<sup>th</sup> OF SEP</u></b></p> <p><b>ROOM B</b> 15.00-16.00PM</p> <p><b>ROOM A</b> 16.10-17.10PM</p>	<p><b>Face acupuncture and Vitamin massage for Infertility &amp; hormonal problems</b></p> <p>Mr. Hisashi Machida aim to participate conferences and seminars is to communicate with the professional therapists through the methods of integrated medicine, such as the acupuncturists and reflexologists , to improve the patient’s hormonal-immune system, sleeping, pain relief(analgesia) and anti-inflammation etc. with the intention to improve the patients Quality of Life (QOL).</p>
<p><b>CONTACT DETAILS</b></p>	<p>IMSI International Medical-Spa Institute, Tokyo Japan</p> <p>4-13-17-A Jingumae, Shibuya, Tokyo 150-0001 Japan TEL: 81-3-5770-5618 Mail: <a href="mailto:info@imsi.co.jp">info@imsi.co.jp</a></p> <p>URL: <a href="http://www.imsi.co.jp">www.imsi.co.jp</a></p>

# Graham Sluter; England

## PROFILE



Graham Sluter from Cornwall, UK is a Sorensensistem™ Therapist working 1½ days per week at The Merlin Project, Cornwall's Multiple Sclerosis (MS) therapy centre. Cornwall has the highest percentage of MS per head of population in England. Having nearly lost his life and actually losing his paid lively-hood and family home through a serious cancer illness; Graham's determined journey towards better health includes his constant desire to improve his reflexology knowledge and skills training with Sorensensistem™ Therapies.

The year 2000 saw Graham suffering serious post cancer chemotherapy neurological illnesses, similar to Lupus and MS. Intuitively he realised reflexology was adding an amazing unquantifiable improvement to his persona and quality of life. At that time during his illness the palliative care team at his local Hospice (specialist cancer centre for terminally ill patients) provided foot reflexology as a comforting therapy for patients and carers. In 2002 his consultants and doctors informed him that it would be unrealistic for him to keep trying to return to his former paid full-time employment so whilst he was in remission from testicular cancer he requested that his medical team encourage him to retrain as a volunteer reflexologist.

Graham felt that this would help other patients find inner comfort as he had through the healing art of reflexology.

Today Graham, between many professional activities, is a part of the Merlin project in Cornwall treating MS patients with Temprana Reflex therapy as a part of a research.

## PRESENTATION TITLE

### TIME & DATE:

**FRIDAY 23th OF SEP**

### ROOM A

16.40 –17.10PM

### ROOM B

18.00-18.30PM

## MS in adolescence

MS often show the first signs of adolescence. What is MS? How are the first signs? What treatment resulted can we show?

Presentation of individual case studies.

## CONTACT DETAILS

### Graham Sluter MAR, ITEC (Dip), MCThA

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# Irène Elmström, Sweden

## PROFILE



Massage therapist since 1989, from Axelson's Massage School in Stockholm, Sweden. Since then a number of different educations, such as Japanese massage (Ama-massage), Aromatherapy, medicine basic course, facial reflexology etc. Also been part of a project at a hospital in Stockholm as a doula (person helping midwives/parents at hospital/home in labour work) and has been an instructor of infant massage etc.

I was part of the ***Peaceful Touch project*** over a number of years together with Axelsons massage school, where massage was used as a method to create a better platform for children to learn and act in a more positive and less aggressive way.

As an organizer and instructor of ***infant massage***, I have met many parents and little babies, each of them with their own personality and needs. At the ***Doulaproject***, my part was to support the parents before/under/after labour and of course massage was a beautiful way to help. Communication two-in-one!

I ***run basic courses*** in massage together with Axelsons massage school since 1999.

Nowadays I'm also a therapist of ***Facial Reflexology*** Sorensensistem tm. In ***my own clinic*** since many years I use different treatments such as massage, aromatherapy, facial reflexology etc, and it happens that parents come for a special session learning how to massage their own child.

## PRESENTATION TITLE

### TIME & DATE:

**SATURDAY 24<sup>TH</sup> OF SEP**

### ROOM B

12.40-13.40PM

**SUNDAY 25<sup>TH</sup> OF SEP**

### ROOM B

15.00- 16.00PM

## The benefits of touch as a way to communicate with children

I have worked with different kinds of manual therapies on grown-ups and children over the years. From mother and babies (not even born) in the "doula-project" up to elderly people. Working with so many people, it always strikes me; how do we communicate, is it only by words? My absolute believe is that communication and meetings are taken place on several different layers at the same time, on a physical, physiological, emotional and spiritual way. When we touch someone we create a bond to that person, something that we can take advantage of in the process of working with children (our own or others). We live in a society full of stress in different ways and it is necessary to find methods and moments to slow down, so listening, communication, learning and empathic skills can take place. Massage and peaceful touch is a beautiful way to do it. With all the studies that clearly show on the benefits of a positive touch, there is nothing to wait for!

## CONTACT DETAILS

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# Penny Rush, England

## PROFILE



Penny Rush trained originally in traditional foot reflexology at the Central London School of Reflexology in 2003. After attending an AOR seminar on Praxis Vertebralis in 2005 Penny decided to expand her knowledge and trained with Lone Sorensen in Facial Reflexology, sorensensistem tm. In 2008 Penny trained in Cosmo Facial therapy, sorensensistem tm and in 2009 also undertook the Instructors Course in Cosmo Facial therapy.

Penny has worked in several Complementary Health Clinics in Cambridge and Ipswich. In 2005 she helped to set up and open a complementary health clinic in Ipswich where over 20 therapists offer over 50 different therapies.

Her work has also included working with children with learning difficulties in several schools in the UK.

## PRESENTATION TITLE

### TIME & DATE:

**SUNDAY 25<sup>TH</sup> OF SEP**

### ROOM A

9.50 -10.50AM

### ROOM B

11.00- 12.00PM

## Facial reflexology at The Charter School, East Dulwich, London

Review of Complementary Therapy; Facial Reflexology at Charter School / 6years old children with special needs.

Our continued objectives are: To help support the mental, physical, emotional and spiritual well-being of the students.

We aimed to help improve the following:

- Self esteem and confidence
- Capacity to learn by improving attention span and concentration
- Calm hyperactivity by helping to reduce tension and anxiety

We also aimed to support and address the emotional needs and aspects of the children's development through puberty.

Summary of students treated

## CONTACT DETAILS

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